



Tips for Saving Energy



Studies have shown that investing in high efficiency energy upgrades can be less risky, with a higher return, than investing money in the stock market.

Maintaining your furnace, plugging in a compact florescent light bulb, or insulating windows may seem fairly dull even for the most committed environmental steward. But efficient daily practices, combined with the use of new technologies and a little old fashioned common sense, are good for the environment and your bottom line.

Use this checklist to see how many energy conservation practices you've implemented. Then make a plan of action to expand your efforts.

Energy Conservation

- Make energy conservation a priority in the way you manage your business/school/golf course/cemetery/home.
- Measure energy use and set targets for reduction.
- Think before you drive. Combine trips, purchase fuel efficient vehicles, and take advantage of public transportation to reduce fuel consumption.
- Conduct an energy audit to identify drafts, poorly insulated areas, and lights and machines left on when not in use. Many state energy offices and utility companies have useful consumer information booklets and can refer you to local energy experts.
- Improve building insulation of exterior walls, wall joints, attic or roofing, outlet and switch plates, doors, windows, and floors.
- Insulate hot water pipes and tanks.
- Regularly maintain all ducts and the furnace to maximize energy efficiency.
- Install energy-efficient lighting, such as compact fluorescent bulbs, energy efficient fluorescent lamps, and task lighting, in at least 50% of lighting fixtures.
- Purchase *Energy Star* labeled central heating and cooling units and appliances, such as computers, air conditioners, and refrigerators. (Look for similar energy efficiency ratings outside the U.S.)

- Consistently turn off lights and equipment when not in use.
- Install LED exit signs.
- Adjust air and water thermostats to reduce energy usage during non-office hours.
- Use shades and blinds as appropriate to allow sunlight to enter in cool weather and reduce sunlight and the need for increased air conditioning in warm weather.
- Don't waste water, hot or cold, inside or outside.

e-Source

Visit our online information center for fact sheets on a variety of environmental topics:

www.auduboninternational.org/e-source

Audubon International
46 Rarick Road
Selkirk, NY 12158
(518) 767-9051